



11th IPMAF WORLD ARNIS CONGRESS & TRAINING CAMP



2007 Participants

**Presas Beach Resort
Hinigaran
Negros Island
Philippines
April 20 – May 4, 2009**

Background

In the 1960's, Arnis was a dying art; its popularity declining among the Filipinos. Were it not for the Presas family, it could not have reached its standing today.

In the 70's, through the efforts of the Presas brothers, Arnis regained its popularity not only among the Filipinos but also throughout the world. This development led to the conception of the International Philippine Martial Arts Federation, which now has about 20,000 registered members worldwide.

The International Philippine Martial Arts Federation, since it was founded, has continually conducted research and published books on Arnis and other Filipino Martial Arts, such as Dumog. Setting a stronger foothold in the local and worldwide martial arts and sports arenas, IPMAF will be hosting its 11th biennial IPMAF World Arnis Congress, Training Camp & Tournament from **April 20 through May 4, 2009**, in Hinigaran, the hometown of the Presas Family, founders of Modern Arnis, Modern Arnis de Mano, Modern Mano-Mano, and Kombatán.

Objectives of the Congress

- To uplift and promote the Filipino Martial Arts in the global community such that it will obtain worldwide popularity and acceptance;
- To promote human relations and cultural exchange among Filipino Martial Art practitioners in different countries;
- To promote goodwill, unity, brotherly love and understanding among Filipino Martial Art practitioners regardless of principles and styles;
- To set universal standards, policies, procedures and other guiding issuances in the holding of Filipino Martial Art festivals and tournaments;
- To play an active role in the worldwide promotion of health and physical fitness; and
- To work for the recognition and accreditation of Filipino Martial Arts in the World Games and other major sports gatherings.

Contents of the Program

The program is designed for all levels, from beginner to advanced. A total review of the basics will be given at the start of the camp. Classroom type lectures and theoretical discussion will also be instituted during the course.

I. Seminar and Classroom Workshops in Kombatan are comprised of the following:

- A. Classical forms and techniques
- B. Modern forms and techniques
- C. Combat and police techniques
- D. Single cane
- E. Double cane
- F. Espada y daga
- G. Mano-Mano
- H. Dumog
- I. Filipino Knife Fighting (Daga and Daga-sa-Daga)
- J. Other Filipino weaponry such as the Balisong, Bankaw, and Dulo-Dulo

II. IPMAF Standard Anyo (Form) Lessons

- A. Single cane
- B. Double cane
- C. Espada y daga

III. Clinic and Form Correction Workshops

- A. Applicable stances
- B. Posture
- C. Delivery of strikes
- D. Control and movement

IV. Lectures and Applied Principles of Officiating and Management of Sports Arnis Competition

- A. Full contact sparring
- B. Regulated anyo (form) competition
- C. Tournament management
- D. Organization and administration

Program Conductors

Great Grandmaster Ernesto A. Presas, Sr.
Grandmaster and Founder, IPMAF

Grandmaster Frederico Iazo
Grandmaster Roberto A. Presas
Grandmaster Wolfgang Schnur
Grandmaster Pepe Yap
Grandmaster Jurg Ziegler
Grandmaster Robert Castro
Grandmaster Lito Concepcion
Grandmaster Rick Manglinong
Grandmaster Tim Hartman

Master Ernesto G. Presas, Jr.
IPMAF Master Instructor

Master Instructor Staff

<i>Joel Barkemeyer</i>	<i>Russ Blonski</i>
<i>Mike Bowers</i>	<i>Ray Cordoba</i>
<i>Dennis Davidson</i>	<i>Bob Davies</i>
<i>Darwin Duran</i>	<i>Andy Elliot</i>
<i>Michael Ermac</i>	<i>Alex Ercia</i>
<i>Allan Fame</i>	<i>Ed Farris</i>
<i>Alex Bautista Bayot France</i>	<i>Oliver Garduce</i>
<i>Michael P. Guingona</i>	<i>Gregory Harrison</i>
<i>Thorbjorn Hartelius</i>	<i>Walter Hubmann</i>
<i>Ed Jackson</i>	<i>Edgar Kawada</i>
<i>Terry Keller</i>	<i>Edwin Iao</i>
<i>Fred Iazo, Jr.</i>	<i>Edwin Locke</i>
<i>Bernie Lingasin</i>	<i>Kevin Lingasin</i>
<i>Timothy J. Lynch</i>	<i>John R. Malmo</i>
<i>Allan Maravilla</i>	<i>Shelley Millspaugh</i>
<i>Jeanette Morris</i>	<i>Joey Paman</i>
<i>Vincent Pernice</i>	<i>Duane Ranieri</i>
<i>Randy Remolin</i>	<i>Curtis Rossiter</i>
<i>Perry Serron</i>	<i>Johan Skalberg</i>
<i>Jeff Sprawls</i>	<i>Steve Todd</i>
<i>Feldthusen Uno</i>	<i>Ed Ursulom</i>
<i>Rami Vainionpaa</i>	

Business Hours

Government and private offices are open weekdays from 8:00 a.m. to 5:00 p.m. Some private offices are also open on Saturdays from 8:00 a.m. to noon, but this is generally considered a day off from work. Commercial banks outside Metro Manila will not change foreign currencies with the exception of U.S. dollars. Shopping is very convenient. Many fashionable shopping centers have sprouted in the plush commercial areas of Makati, Manila, and Quezon City.

Total Package Includes:

- IPMAF standard Kombatán uniform
- 2 IPMAF training t-shirts with printed logo
- IPMAF bastón carrying bag
- IPMAF standard patch
- 16 Arnis sticks
- Bangkaw (Rattan Staff)
- 1 Espada y Daga (Kamagong)
- Philippine Flag
- Training Certificates
- Inter-island transportation to/from Manila and Hinigaran
- **Approx. two full weeks of intensive training**
- **Meals and lodging**
- Free training in Manila if you wish to stay longer!
(Just take care of your own meals & lodging)



Cost: \$1200 USD (**Incredible Value!**)

The Philippines

The Philippines remains an attractive bargain as a tourist destination. The country gained acceptance from travelers because of its year-round warm climate, comparatively low prices, breathtaking natural scenery and its people's unique brand of hospitality, which remains as sincere as ever despite difficult economic times. Although there is a vast array of local dialects (around 87), English is spoken everywhere. The capital of the Philippines is Manila, on the main island of Luzon. Hinigaran, the site of the training camp, is in the island province of Negros. Negros is the country's 4th largest island.

Entry

The Ninoy Aquino International Airport (NAIA) is served by no less than 40 international airline companies providing daily flights to all the major cities worldwide.

Visa - Immigration

Passports are generally required, but in some cases, other valid travel documents complete with re-entry permits to ports of origin are accepted. Visas are needed with the exception of nationals from countries having no diplomatic relations with the Philippines.

Customs

Personal effects are allowed duty-free, provided they are exported on departure. It is prohibited to bring the following items into the Philippines:

- Dynamite, gunpowder, ammunition, and other explosives; firearms and weapons of war and parts thereof.
- Written or printed articles, negatives, cinematography, photographic materials, objects, paintings, and engravings or other representation of obscene character.
- Written or printed articles in any form containing any matter advocating or inciting treason, rebellion, insurrection, sedition, or forcible resistance to any law in the country.
- Gambling outfits, machines, and other contrivances used in gambling.

Language

Although the national language is Pilipino (Tagalog), and there are many other local dialects, English is spoken everywhere, being the medium of instruction in schools and often, the language of administration in government.

Climate

The climate is tropically warm with high humidity.

Currency Exchange

The unit of currency is the peso. The exchange rate is liable to hover around 50 pesos per U.S. dollar.



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Training Camp & Tournament!
*Be there! *U**